ITALY



- Capital city: Rome
- Official language: Italian
- Currency: Euro
- Geographical area: 301,230 km2
- Population: 59,07 million
- Main economic activities: Production of machinery, chemicals, automobiles and textiles, fashion design, tourism and agriculture sector including wine production.
- Main agricultural production: grains, soybeans, meat, and dairy products, fruits, vegetables, olive oil, wine, and durum wheat.
- National dish: Ragu alla Bolognese
- Major festivities that join people round the table: Carnevale, Palio di Siena, Battle Of Oranges, Game Of The Bridge, Infiorata Festival, Easter Procession

1

SPAIN



- Capital city: Madrid
- Official language: Spanish
- Currency: Euro
- Geographical area: 506.000km2
- Population: 47.33 million
- Main economic activities: industry, agriculture and livestock
- Main agricultural production: Olives, wheat, rye, tomato, grapes
- National dish: Paella, Spanish omelet, iberic ham, gazpacho, churros
- Major festivities that join people round the table San Fermin, Tomatina, wine battle, Las fallas, Andalucía fair and village festivities

2

MEDITERRANEAN DIET

3

GREECE



- Capital city: Athens
- Official language: Greek
- Currency: Euro
- Geographical area: 128 900 km2
- Population: 10.66 million
- Main economic activities: service sector (85%)- mainly tourism and merchant shipping, industry(12%) and agricultural sector (3%)
- Main agricultural productions: corn, wheat, barley, sugar beets, peaches, tomatoes, cotton and tobacco.
- National dish: Moussaka
- Major festivities that bring people around the table: Orthodox Easter/ Holy Week

4

MOROCCO



- Capital city: Rabat
- Official languages: Arabic and Tamazight
- Currency: Moroccan dirham (MAD)
- Geographical area: 710 850 km²
- Population: almost 38 million people
- Main economic activities: Tourism, agriculture, mining (phosphate minerals) and industry (leather goods, textiles, oil refining and food processing)
- Main agricultural production: wine, livestocks, wheat, barley, argan, grapes, citrus fruits, olive oil and vegetables.
- National dish: couscous and tagine
- Major festivities: celebration of green march, yennayer (marks the beginning of the agricultural year), almond blossom festival, Eid al- Adha (a four day islamic celebration)